

| 2010 | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---------|---|--------------------|----------------------------------|-----------------|-----------------------|----------------------------------|
| 9am | | | | | | |
| 9.30am | | | | | | Junior GG (mixed - Girls & Boys) |
| 10am | | | | | Kindergym 18mths-5yrs | |
| 10.30am | | | | | | Senior GG (mixed - Girls & Boys) |
| 11am | | | | | Kindergym 3 - 5yrs | |
| 11.30am | | | | | | |
| 12noon | | | | | | |
| | | | | | | |
| 3.30pm | | | | | | |
| 4pm | | | Mini GG (mixed - Girls & Boys) | | | |
| 4.30pm | | Junior Girls GG | Junior Boys TT | Senior Girls GG | Junior WAG | Mini GG (mixed - Girls & Boys) |
| 5pm | | | | | | Rhythmic (mixed - Girls & Boys) |
| 5.30pm | Gymnastics Dance (mixed - Girls & Boys) | Junior Boys GG | Junior Girls TT | Junior Girls GG | Junior WAG | Senior TT (mixed - Girls & Boys) |
| 6pm | | | Inter-mediate WAG | | | Junior Boys GG |
| 6.30pm | | Gymskills Boys | Senior TT (mixed - Girls & Boys) | | | Senior Girls GG |
| 7pm | | | | | | Senior Boys GG |
| 7.30pm | | Adults Gym (mixed) | Teen Gym (mixed - Girls & Boys) | | | |
| 8pm | | | | | | Gymskills Girls |
| 8.30pm | | | | | | |
| 9pm | | | | | | |